# Society for Viral Studies GBM #2

Welcome! Please sign in at the front!

October 9, 2023



# What is the Society for Viral Studies?



We aim to encourage scientific discussion, research, and exploration with UF's undergraduate students who are interested in a career in science! We host a variety of meetings, guest lectures, socials, volunteer events, and trips with the common goal of developing the next generation of scientists. There is no major requirement to be involved and we do not charge dues.



Travel | Research | Mentorship | Volunteering | Leadership

## Active Member Requirements

1

Be a UF student

2

Attend % of meetings

3

Attend ⅓ of events

**Priority for trip sign-ups** 

Priority for committee positions

No dues or application!

## Meet Our Faculty Advisor



ASSISTANT PROFESSOR OF FOOD AND ENVIRONMENTAL VIROLOGY

FLORIDA SEA GRANT FACULTY AFFILIATE

Office: FSHN 341B

Phone: 352.294.3756

Email: nmontazeri@ufl.edu

### **Meet the Executive Board!**

President: Antonia LoFranco (they/them)

Vice President: Kira Kazi (she/her)

Treasurer: Michele Himadi

Secretary: Coral Bell (she/her)

**Event Director: Lucy Dinardo (she/her)** 

PR Director: Sophie Penafiel (she/her)

Trip Director: Urvi Patel





# Professional Development Workshop



## Resume vs. CV

### Resume

- Used generally for job applications
- Typically one page
- Summary of most relevant skills and experiences tailored to ability to fit with specific job/company

### **Curriculum Vitae**

- Used specifically for academic positions
- 1-4+ pages depending on level of education
- Complete history of academic pursuits
   (including teaching, research, awards, and
   service) Tailored to highlight ability to
   conduct research/teach OR tailored to
   highlight ability to fit with specific
   job/field



# Formatting a Polished Document





- Be consistent
- Be careful with some templates
  - Can limit the space you have for information
  - It's the content that matters, too much extra formatting can read as unprofessional
- Avoid using too many colors
  - Make distinctions between topics using text size, bolding, and italics
- Leave out minor details, focus on how it impacted you and what you gained
  - My tip: one bullet point describing what you did, second point for the impact
- Don't try to cram everything on one page
  - $\circ$  As you advance your career you will need to choose what will or will not be included
- Include your preferred contact information right under your name



### George Ratliff

Junior Retail Specialist

### Personal Info

### Address

2035 Quilly Lane

Columbus

OH 43219

Phone

614-472-0992

E-mail

gratliff@email.com

LinkedIn

linkedin.com/in/gratliff

### Skills

Invoicing

Product knowledge

Problem-solving and troubleshooting

Empathy

Customer service skills

Leadership skills

Tech-savvy retail specialist with 2 years of experience in the technology retail industry. A long-time Samsung follower dedicated to bringing customer experience to a focus. At Huawei, raised sales 25% by revising the approach to customer management and product and services digitization.

### Experience

### 2018-04 - Junior Retail Specialist

### present

Huawei

- Signed up –50 customers for a discount newsletter.
- Helped implement a new customer retention program that raised the returning customer rate by 45%.
- Improved the customer experience by personalized service from the moment they walk through the door.
- Took part in the streamlining project providing customers with a better user experience by reshuffling our digital offer and interface.

### 2016-04 - Sales Assistant

2018-03

Tech For You

- Provided detailed guidance to ~400 customers a day on product purchases in a high-volume store.
- Continued to build product knowledge during product and vendor training.
- Maintained an organized inventory hardware list of over 170 electronic products in store.

### Education

2017 BSc in Sociology

Columbus State University

### Interests

Take bi-weekly yoga classes to stay in shape and manage stress.

Regular listener, "Support Ops" customer service podcast.





UNIVERSITY OF FLORIDA

### **Albert Gator**

Address | Phone Number | Email | LinkedIn URL

### **OBJECTIVE**

Seeking X position at X company to demonstrate my critical thinking skills, planning and organization skills, and communication skills to support the clients at X company.

### EDUCATION

### Bachelor of Science in Family, Youth and Community Sciences

May 2018

University of Florida, Gainesville, FL

GPA: 3.8 / 4.00

### PROFESSIONAL EXPERIENCE

### **Legal Assistant**

June 2016 - June 2016

Al Lagator Law Offices, Tampa, FL

- · Managed, sorted, and reassembled legal documents of 100+ clients
- · Initiated and executed online storage system for legal documents
- · Handled disposal of sensitive materials following completion of legal cases
- · Assisted lawyers and senior partners to see that their document needs were met

### **Mentor and Tutor**

November 2015 - December

2016

Boys and Girls Club of Alachua County, Gainesville, FL

- Instructed 10 students over a period of 2 years, averaging 20+ hours a semester
- · Facilitated lessons in mathematics, reading, SAT reasoning, and critical writing
- · Motivated students to use healthy emotional coping mechanisms to foster a sense of resiliency

### **Waterfront Supervisor and Counselor**

June-July 2012,

2013

Camp Shalom of Central Florida

- . Supervised the camp population of 100+ persons in water for 24 hours weekly to ensure safety
- . Counseled 15 girls to foster independence, self-confidence and build positive camp culture
- · Communicated with guardians to maintain transparency and foster collaborative relationships

### LEADERSHIP

### Peer Leader Trainee

January 2016 -

Present

University New Student and Family Programs

- · Managed a team of 20+ students as they navigate a new city and university
- · Trained Peer Leader team on various topics including family support and presentation skills
- · Advised students for academic and social concern

### **Alumni Relations Committee Chair**

August

2016-Present

Alpha Beta Gamma Fraternity, University of Florida, Gainesville, FL

- Coordinated events with alumni to maintain support for the organization
- · Planned networking events for active members to meet alumni and build mentoring relationships

### SKILLS

Technical Skills: Microsoft Office Suite, Corel Digital Studio, Photoshop Foreign Language: Spanish (Fluent)





## **CV Templates**



Dr. Oli MCB Undergraduate Coordinator



UF Career Connections Center

# What do I put in my Resume/CV if I don't have experience yet?

- THE SOCIETY FOR VIRAL STUDIES!!!
- Think about the skills you've developed through your coursework
  - Experience with: Python? R? Foreign language? Graphic design? Etc!
  - O Do any of your hobbies relate to the position?
- Include ALL volunteering opportunities
- Awards, honors, scholarships, and certifications
- If you are an underclassman, including your most impactful experiences from high school is okay!
  - Over time you want to replace these things with new experiences!

## Building your Network

### Your friends!

Friends can help you find opportunities and make connections, getting you a 'foot-in-the-door' for an opportunity! See this example when my friend was my "in" for a job opportunity. Because my friend did well, she let me know that they'd love to have me.

### Good morning Ms.

I hope you are doing well! My name is Kira Kazi and I am a second-year premedical student at the University of Florida from Melbourne looking to gain some work experience over the summer. I received your email contact from a friend who really enjoyed working and learning as a BPA scribe last yea bking to get some insight into the program as far as requirements and expectations, as well as if you are taking applicants. I am able to send my resume of current experience as well. The best email to reach me is kkazi@ufl.edu and my phone number is (321) 507-0440. Have a wonderful day!

Thank you so much in advance,

### Start with the basics!

- Dress to impress
- Have good posture
- Look interested
- Firm handshake
- Confidence is key!

### Don't be shy!

Putting yourself out there can feel awkward at times, but remember that most people are willing to help, especially if you are willing to work hard for opportunities.

I recently went to a research conference at Auburn where I knew no one and something that helped me was to 1.

Remember everyone has been in these shoes and 2. Do something that boosts confidence - for me that was wearing my heels and my power fit but it can be anything! I met a lot of cool people and exchanged emails with researchers from all over!

## **Emailing for Research**

- TOP TIPS: Be **concise** (I am not great at it, but if you are not long emails could be skipped) and make the **subject line clear**.
- Introduce yourself
- Express your interest in the subject BE SPECIFIC (show them you read papers etc.)
- State your purpose (I usually went with "I want to meet to discuss your work" but you could say you are looking to gain experience in the lab which is a bit more direct)
- Thank them for their time!
- Don't be discouraged if you don't get responses it's not personal, professors are busy.
- If you need help with emailing, want someone to proofread something you've written, or have any general questions, feel free to email me! kkazi@ufl.edu

Or.

I hope you are doing well and staying healthy! First and foremost, I want to again say thank you so much for your time in meeting with me to discuss your research and lab for my report. Talking about the type of research you do in your lab and learning more about the technology used to collect data using zebrafish as a model at the university level compared to what I had done in high school was really interesting and one of the highlights of my first semester! You had told me you had room for one more in the lab for the spring, but unfortunately I will not be moving to Gainesville until the fall 2021 semester, so I won't be able to be involved in the spring. I really appreciate the opportunity and your advice on getting involved in research at UF in general as well!

## Interviews tips

- Always smile when talking, even if over the phone
- Ask the interviewer about their experience; Allow them to talk about themselves!
- Don't be afraid to pause and think before answering questions
  - Instead of saying "um", give yourself a moment to think
- Review your resume/CV before your interview and know what you want to elaborate on
- Share experiences not seen on your resume/CV
- Come prepared with questions for the end of your interview
- Always send a follow up email to thank your interviewer for their time



## Mentor-Mentee Program

This year SVS is bringing back our beloved mentor-mentee program!

If you are looking for a friend with similar ambitions that you can rely on for support and guidance through college, apply to be a mentee!

Fill put our compatibility quiz to get matched with a mentor, one of our executive board members!

Meet up throughout the semester to study and talk about life!

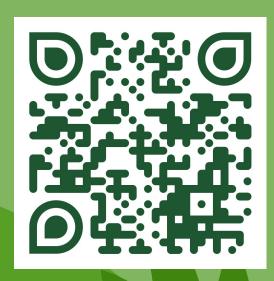
Compatibility quiz due 10/16, matches revealed 10/23 (GBM 3)

https://forms.gle/VjxYa5P3qF6Lu2r77



## Volunteering and Outreach!

- Thank you to everyone who has filled out the volunteering survey, if you have not I would still love your feedback!
- Keep an eye out in the Slack as updates on volunteering will be made available there!
- Before the next meeting, the link for public health outreach committee applications will be LIVE :)
- Feel free to reach out to my email anytime: kkazi@ufl.edu



## **Upcoming Events**



Halloween Game Night Social October 27th 7-9pm

Krishna Social October 18th 12:30pm

## Our Philosophy



Balance your PIES (Physical, Intellectual, Emotional, Sleep).

Remove "um" from your vocabulary.

Question everything.

When everyone says you can't, keep going.

When everyone says you can't, keep going.

Don't limit yourself; keep your options open.

Don't be scared to ask for help.

-Dr. Jim Maruniak, SVS Founder 1950-2019



## Fall 2023 GBM Schedule

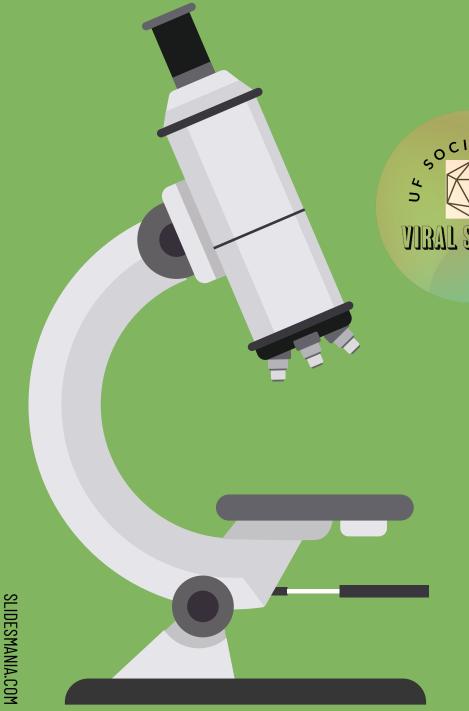


## SVS Merch!

- T shirts: \$20
- Redbubble stickers: \$3
- SVS clear logo stickers: \$1
- Graduation cords: \$10, active members only
- SVS Viral Outreach buttons: FREE!
- Venmo: michele-himadi
  - Please write what you bought in the comments! Thank you :)







## Thank you for coming!



virology.uf@gmail.com uf-svs.slack.com Virologyuf.weebly.com @virology.uf on instagram

Join our slack workspace for communication with members, updates, sign up sheets and more! https://join.slack.com/t/uf-svs/shared\_invite/zt-23v2grmmd-mnC ~EBK~nLM9orzCtVNmgA

**UPDATED** ->





